

# Welcome to Holyoake

Holyoake has been a leading provider of alcohol and other drug treatment services since 1975. We enable lasting change for individuals, families and communities.

We reach out to thousands of people each year - including men, women, young adults, partners, couples, parents, adolescents and children. Our clients inspire us with their courage, resilience and determination.

"Now I'm leaving Holyoake with a lot more knowledge about myself.

I feel stronger, more confident and more in control of my life."

- Susie\*



# The harsh reality of substance misuse

The misuse of substances continues to be a major concern as reflected by the fact that:

- Over 3.5 million Australians are seriously and negatively affected by alcohol<sup>1</sup>.
- West Australians rank among the highest users of amphetamines in the world<sup>2</sup>.

### A major challenge

The Government has stepped up efforts to address the growing concern about substance misuse. Community service organisations like Holyoake help increasing numbers of people through specialised counselling and support.

However, much more needs to be done. Binge drinking, particularly among adolescents and young adults, is a major issue.

## **Leave a lasting legacy**

A bequest is a wonderful gift that has the potential to keep on giving as it makes a positive difference in the lives of people. Your contribution to Holyoake will help us continue to manage the impact of substance misuse on individuals, families and communities.

Holyoake is led by a dedicated management team, and guided by an eminent Board of Directors. You can rest assured that your contribution will be gratefully accepted and carefully managed to enable lasting change.

"Holyoake is of outstanding benefit for the community because it helps people of all walks of life, young and old. It is simply based on getting the best out of all who have the courage to turn up."

– Kevín\*



### Holyoake. Lasting Change.

Holyoake believes that the impact of substance misuse can be minimised with a holistic, nonjudgemental approach.

We offer a range of programs not just for substance users, but also for their parents, siblings, partners, and children. Research indicates that on an average, 5 people are affected by 1 person's misuse of substances.

In addition, our DRUMBEAT programs are making a positive difference across Australia and around the world.

Our Wellbeing@Work programs also help raise awareness about stress and unhealthy coping in work places.

"Holyoake is a place to find inner peace in a way that is safe, caring, supportive and productive. What a blessing to our community." - Karen\*

We believe it is important to do everything possible to support people of all ages who are affected directly or indirectly by substance misuse. Your bequest will help us continue to enable lasting change.



### For more details, please contact:

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